

[PDF] The Spice Is Right: Easy Indian Cooking For Today

Monica Bhide - pdf download free book

Books Details:

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Author: Monica Bhide

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Description:

Review "In the competitive cookbook market, this captivating book stands out. Bhide succeeds in crafting easy-to-follow recipes using readily available ingredients." -- *The Toronto Star*

"Light, chatty, and very informative and includes a lot of classic favorites from all over the Indian subcontinent reworked." -- *Menu Magazine (UK)*

"Recipes range from traditional Indian favorites to Indian versions of contemporary fare for occasions like Thanksgiving and Super Bowl parties." -- *Associated Press*

"This snappy book features traditional foods, but with an eye toward the tastes, lifestyles and health-

consciousness of Bhide's generation." -- *The Washington Post*

A refreshing change from the oft-repetitive gamut of Indian cookbooks in the market. Typically Indian recipes plus innovative dishes. -- *New Asia Cuisine and Wine Scene*

Bhide's recipes are authentic, simple, delicious, and easy on both the waistline and wallet -- couldn't be easier to prepare. -- *The Boston Herald*

If you have an interest in creatively replacing high levels of sodium or fats, this book is of enormous help. -- *Graham Kerr (The Galloping Gourmet), cookbook author and TV cooking show host*

In the competitive cookbook market, this captivating book stands out. Bhide succeeds in crafting easy-to-follow recipes using readily available ingredients. -- *The Toronto Star*

To keep the pizza-delivery boy at bay, we consulted with Bhide to determine which staple ingredients to stock for Indian. -- *Real Simple magazine*

Bhide's book provides an excellent way to enjoy the savory flavors of Indian cooking without the possible health risks. -- *Rita Yadava, M.D., Chicago, Illinois*

From the Publisher THE SPICE IS RIGHT: Easy Indian Cooking for Today is a cookbook whose time has come. [Indian cuisine latest hot trend,] screams a recent food article headline. Yet, the Indian cookbook market remains saturated with intimidating books by older generational cooks, with complicated recipes, football-field-long ingredient lists, and an emphasis on rich sauces and deep-frying. THE SPICE IS RIGHT simplifies Indian cooking. With warmth, passion, and a good dollop of spunk, author Monica Bhide presents more than 150 of her favorite recipes. Monica has been cooking Indian food for more than 22 years, and is a graduate of several cooking courses in her native India.

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