

# [PDF] Steady Days: A Journey Toward Intentional, Professional Motherhood

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## Books Details:

Title: Steady Days: A Journey Toward

Author:

Released: 2010-10-01

Language:

Pages: 158

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## Description:

**Review** "Both inspirational and calming, energizing and relaxing, Steady Days provides realistic tips that challenge mothers without making us feel overwhelmed. Jamie Martin has crafted a stellar handbook for moms in need of affirmation." --Tsh Oxenreider, writer and editor of the popular blog SimpleMom.net

"We're all busy. We all wish we had more time to spend with our children. And we wish the time spent with our children was less harried, more meaningful, and more playful. Steady Days helps you achieve those goals. Read this wonderful book--it's worth it, for you and your children!" --Jennifer Trainer Thompson, author of The Joy of Family Traditions: A Season-by-Season Companion to 400 Celebrations and Activities

"Jamie Martin has mapped out an honest and personal approach to managing the complexities of modern family life. Her thoughtful and understanding manner will have parents and caregivers alike wanting to learn more about her ideas for building a steady and loving family." --Rae Grant, author of *Crafting Fun: 101 Things to Make and Do with Kids* and *Cooking Fun: 121 Simple Recipes to Make with Kids*

**About the Author** Jamie Martin is the voice behind the inspiring blog [SteadyMom.com](http://SteadyMom.com) and the editor of the blog [SimpleHomeschool.net](http://SimpleHomeschool.net). Jamie immersed herself in motherhood by adding all three of her kids to the family in less than three years. The ensuing challenges (and occasional chaos!) sent Jamie on the lookout for ways to parent with purpose and professionalism. The practical tools and ideas in her book, *Steady Days*, are the result of that effort. Currently Jamie spends her days with her little people growing, exploring, and learning together.

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