

# [PDF] Heart!: Fully Forming Your Professional Life As A Teacher And Leader - Cultivate Mindfulness And Foster Productive, Heart-centered Classrooms And Schools

Timothy D. Kanold - pdf download free book



## Books Details:

Title: Heart!: Fully Forming Your Pr

Author: Timothy D. Kanold

Released:

Language:

Pages: 256

ISBN: 1943874433

ISBN13: 9781943874439

ASIN: 1943874433

[CLICK HERE FOR DOWNLOAD](#)

pdf, mobi, epub, azw, kindle

## Description:

This inspiring resource presents the concept of a heartprint -the distinctive impression

that an educator's heart leaves on students and colleagues during his or her professional career. The author writes in a conversational, humorous manner as he offers his own anecdotes and reflections to help readers uncover their professional impact and foster productive, heart-centered classrooms and schools.

Part 1 addresses *Happiness* -having passion, purpose, and a positive impact in education. In part 2, *Engagements*, readers explore the engagement teachers must have in their work to put forth the needed energy and effort. Part 3, *Alliances*, asks readers to be open to forming alliances with their fellow educators so they can collaborate effectively. Next, part 4, *Risk Taking*, demonstrates for readers why teachers should engage in vision-focused risk taking to create sustainable change in their schools. Finally, part 5, *Thought*, focuses on the knowledge capacity educators should have to fulfill the *heart* of the teaching profession.

## Benefits

- Examine five unique HEART aspects of your professional life: *Happiness*, *Engagement*, *Alliances*, *Risk*, and *Thought*.
- Reflect on your professional journey and discover your distinctive heartprint on your students and colleagues.
- Gain wisdom and inspirational insights for your work life from Dr. Kanold as well as dozens of thought leaders and researchers inside and *outside* of the educational profession.
- Take advantage of the opportunity to connect your professional life to each chapter and embed your personal and professional story into the book.
- Use the book as part of a professional group book study with your colleagues and friends at your school.
- Connect and reconnect to the emotion, passion, energy, growth, and collaborative intimacy expected when you choose to become part of the education profession.

## Contents

Part 1: Developing HEART -H Is for Happiness

Chapter 1: The Happiness Dilemma

Chapter 2: The Happiness-Passion Connection

Chapter 3: What's Love Got to Do With It?

Chapter 4: Got Compassion? Check!

Chapter 5: Wanted -Persons of Positive Character and Hope

Chapter 6: The Joy-Gratitude-Stability Connection

Chapter 7: Why Should We Weep?

Part 2: Developing HEART -E Is for Engagement

Chapter 8: Gallup Says, Full Engagement Not Ahead

Chapter 9: Getting Engaged!

Chapter 10: It's Energy, Not Time

Chapter 11: Name That Energy Quadrant

Chapter 12: Avoiding the Quadrant III Drift

Chapter 13: Quadrant II Time Required

Chapter 14: GRIT -Deliberate Daily Practice

Part 3: Developing HEART -A Is for Alliances

Chapter 15: The Primary Purposes of Collaboration

Chapter 16: PLCs -Serving the Greater Good

Chapter 17: Oh, the Inequity Places We'll Go!

Chapter 18: Reduce Our Professional Noise

Chapter 19: Relational Intelligence Required

Chapter 20: What Are Those Black Boxes?

Chapter 21: Radical Celebration -Making Above and Beyond the Norm the Norm

Part 4: Developing HEART -R Is for Risk Taking

Chapter 22: What's in a Goal?  
Chapter 23: Shared Purpose -Each and Every Child Can Learn  
Chapter 24: Results or Persons?  
Chapter 25: The Risk-Vision Dependency  
Chapter 26: Build Trust the Millennial Way  
Chapter 27: Fixed or Growth Mindset?  
Chapter 28: Warning -Entropy Ahead!  
Part 5: Developing HEART -T Is for Thought  
Chapter 29: Your Great Adventure!  
Chapter 30: Your Voice of Wisdom  
Chapter 31: Clean Up the Climate  
Chapter 32: Become a Feedback Fanatic  
Chapter 33: Yours, Mine, and Ours

---

- Title: Heart!: Fully Forming Your Professional Life As a Teacher and Leader - cultivate mindfulness and foster productive, heart-centered classrooms and schools
  - Author: Timothy D. Kanold
  - Released:
  - Language:
  - Pages: 256
  - ISBN: 1943874433
  - ISBN13: 9781943874439
  - ASIN: 1943874433
-