

[PDF] After Action: The True Story Of A Cobra Pilot's Journey

Dan Sheehan - pdf download free book

Books Details:

Title: After Action: The True Story

Author: Dan Sheehan

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Description:

Review Starred Review, Publishers Weekly Select:

"In this sensitive and intensely presented memoir, Sheehan addresses his tours of duty during the Iraq War and the burdens he grappled with as a result. His vivid prose conveys the turmoil and danger of piloting a combat helicopter and the special psychology of fighting, but his real story lies in dealing with the return to "normal" life."

"Sheehan's writing and recommendations deserve the attention of anyone interested in this important issue, which is as topical as tomorrow's headlines."

Starred Review, *Publishers Weekly Select*, 8 July 2013: pg 51

From the Author I started writing *After Action* as a way to process my experiences in Iraq. I published it because I discovered my experiences are more common among veterans than I'd ever imagined.

I was incredibly well prepared for the physical requirements of combat but was ignorant of the deep emotions that carrying out my duties would generate. I came to see my very normal, human reactions to the carnage of war as a sign of weakness, something to be hidden at all cost. I've been lucky enough to see the danger of this misconception, and wish to help other veterans do the same.

Millions of veterans have survived the rigors of combat only to suffer inner torment in the quiet of peace. Families have been destroyed, lives lost, and happiness squandered because veterans and their loved ones struggle to comprehend the changes wrought by war on those who participate in it.

It is my hope that this book will provide a common reference point of experiences that can assist veterans, and those who seek to understand and help them, as they move forward with their lives *After Action*.

Sincerely,
Dan Sheehan

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