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**Sally Fallon, Thomas S. Cowan, Jaimen McMillan - pdf
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Description:

Review . . . an outstanding example of the naturopathic philosophy of medicine. . . joins an elite group of 'real' books on health. . . Highly recommended. (Irene Allegre, The Townsend Letter, June

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About the Author Dr. Thomas Cowan has been a practitioner of family medicine for over twenty years. He is trained not only in conventional medicine, but also in homeopathy, nutrition, herbal remedies and anthroposophical medicine.

Sally Fallon is the author of Nourishing Traditions and president of the Weston A. Price Foundation. Jaimen McMillan is the founder of Spacial Dynamics, and a trainer in movement therapy.

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