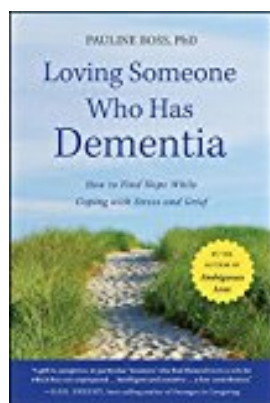


[PDF] Loving Someone Who Has Dementia: How To Find Hope While Coping With Stress And Grief

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Books Details:

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Description:

From the Back Cover

Loving Someone Who Has Dementia is a much-needed guide that offers proven strategies for

managing ongoing stress and grief. Dr. Pauline Boss outlines seven guidelines for staying resilient while caring for someone who has dementia and offers hope when experiencing "ambiguous loss"□having a loved one both here and not here, physically present but psychologically absent. *Loving Someone Who Has Dementia* is written for anyone touched by the epidemic of dementia: caregivers, family members, friends, neighbors, as well as educators and professionals. Written in easy-to-understand conversational language, this vital resource is based on solid research and years of clinical practice. Dr. Boss gives you the tools you need to embrace rather than resist the ambiguity in your relationship with someone who has dementia.

Praise for *Loving Someone Who Has Dementia*

"Pauline Boss's book is a revelation about how to live with a profoundly changed relationship that, despite dementia, remains a relationship. This groundbreaking therapist takes the struggling reader by the hand and offers new and very specific ways to find a path from helplessness and despair to peace and strength."□Francine Russo, author, *They're Your Parents, Too! How Siblings Can Survive Their Parents' Aging Without Driving Each Other Crazy*

"This book is a must for anyone suffering alongside a loved one with dementia. Dr. Boss writes with the wisdom of a scholar and the warmth of a family therapist."□Vern L. Bengtson, PhD, former president, The Gerontological Society of America

"A gift to caregivers, in particular 'boomers' who find themselves in a role for which they are unprepared ? Intelligent and sensitive ? a fine contribution."□Gail Sheehy, best-selling author of *Passages in Caregiving*

By the author of *Ambiguous Loss*

About the Author

Pauline Boss, PhD, is emeritus professor at the University of Minnesota and was visiting professor at Harvard Medical School, 1995□1996, and Hunter School of Social Work, 2004□2005. She is best known for her groundbreaking research as the pioneer theorist and clinical practitioner of stress reduction for people whose loved ones are ambiguously lost.

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